





Friston Village Support

As we move into winter and Covid 19 is unfortunately still with us, I just wanted to remind everyone that we are still here. I have recently contacted all those kind Friston residents who volunteered to help earlier in the year and there are plenty of people out there willing to offer support if needed. Please contact ristonvillage@gmail.com (if you don't have email, please phone *Briony Sones* on 07885 560380)

Parish Council

There is currently one spare allotment on the site. If anyone is interested in getting regular exercise outdoors and growing your own delicious food, please contact the Clerk or Cllr Alan Simpson for details. At a recent Council meeting the subject of careless car parking was raised. Friston unfortunately does not have a lot of public car parking and very narrow roads so if car owners could please ensure they utilise their own driveways and not block passing places, it will make everybody's life just that little bit easier. The Village Hall is open for business and being used by a diverse number of groups. If you would like to book it for your group or private function (within C19 guidelines) please contact Cllr Jonathan Burch 01728688655 fristonvillagehall@gmil.com

News from St Marys the Virgin

Live Sunday services continue at St Mary the Virgin at 9.45am every week. CW Holy Communion will be celebrated by Revd Mark Lowther on 1st November, the feast of All Saints. Remembrance Sunday will be marked outside the church at the War Memorial on Sunday, 8th November at 10.50am. 15th November: BCP Morning Prayer; 22nd Morning Praise to celebrate 'Christ the King'. Advent Sunday, the beginning of the new Christian year, falls on 29th November and there will be a special act of worship to mark this.

Save the date! Plans are also in progress for our Carol Service - a change from recent years due to the restrictions and you will need to pre-book your pew via caroleedwards123369@btinternet.com. This will take place on the evening of Tuesday, 22nd December - more in the next Swift - but get the date into your diary and make your bookings now, numbers are limited!

We continue to be grateful to all who keep the church clean and cheerful-looking at a time when seasonal decoration is necessarily scaled back. Prayer continues even when the church is locked - two of the clergy meet regularly for prayer on the Village Green and Zoom provides a wonderful opportunity for Wednesday evening compline; if you would like to share this do email martin@steadman.me.uk. And, of course, prayer is valid in so many different environments - at home, when out for a walk, or sitting and enjoying our beautiful Friston environment. If you would like more ideas for enhancing your prayer life, please do feel able to contact either clergy or elders. The much delayed Annual Parish Church Meeting because of Covid-19 restrictions will now take place after Compline at Friston Church on Wednesday 11th November. The service which start at 6pm is short and is timely to pray for our care, safety and future in these most difficult times of restrictions and whatever the future holds regarding the energy projects. It is an opportunity for parishioners to talk about how the church is doing and how we might better serve our community. You will all be very welcome. *Revd Nicky Winter*

Christmas at the Old Chequers

We hope that all of our lovely "Fristonites" are doing well, It has been a strange few months for us all and we are hoping Suffolk won't be in complete lockdown for Christmas. We are doing a set menu for Christmas Day 12-3pm and New Year's Eve 6-8pm (but home at 10pm to see the New Year in - that's a first)! There is also a Christmas party menu. We are hoping to do a **village special evening** on either Wednesday 16th or Thursday 17th December where we will only be open to villagers. This will enable the pub to be full of locals (all socially distanced of course) but will probably be the nearest to a party that we are able to get! Speak to your

neighbours and friends bearing in mind the maximum table of 6 rule and please let us know if you are interested. 01728 688039 chequers.friston@hotmail.com Carol & Andy

SPR EA1N and EA2 - SASES Update

October has been quite a month with the public Examinations by the National Planning Inspectorate now fully under way. It extends until April next year, but at this early stage please take heart. The Open Floor Hearings on 7/8/9 October were quite moving in the breadth, depth and passion of views all opposing the developments at Friston. Those speaking included our MP, Dr Therese Coffey and representatives of East Suffolk and Suffolk County Councils all of whom opposed what is happening. Other speakers included those from Friston and further afield. Over 150 had requested to speak, so the Inspectorate have arranged for further Open Floor Hearings on 5th and 6th November for those unable to speak at the first hearings.

The progress and process of the Examinations and listening to the hearings can be followed by accessing the two project websites and please do that:

www.infrastructure.planninginspectorate.gov.uk/projects/eastern/east-anglia-one-north-offshore-windfarm

and similarly, for east-anglia-two-offshore-windfarm. Since both examinations are running in parallel, visiting only one site should suffice. These Examinations are crucial since the outcome could lead to Friston becoming the hub for other projects; however, the strength of opposition (800 relevant representations; 150 wishing to speak and opposition from our MP and local authorities) is greater than previous projects have encountered. Moreover, there is acknowledgment that the piecemeal approach to planning these projects is deeply flawed. This is most evident in the establishment of the Offshore Transmission Network Review commissioned by the Department for Business, Energy and Industrial Strategy (BEIS). This in turn has led to increasing media comment. So, it is vital to maintain this impetus for further campaigning as the Examinations proceed. Meanwhile, the next deadline is submission of Written Representations by Interested Parties before 2nd November. This is a mammoth and frankly stressful exercise, not least for the members of your own action group, SASES.org.uk in conjunction with Friston Parish Council. As I write, I am looking at a schedule prepared by a diligent member of SASES which lists TWELVE (!) energy projects stretching to 2035. Stick 15 years onto your age and what do you think? (Insert whatever words come to mind!). Please follow and support everyone's efforts. *Simon Ive*

Friston Wildlife Watch - Magic Mushrooms

I did have a long fungi joke to tell you, but unfortunately I didn't have mushroom to type it Sorry I couldn't resist, seriously though it does seem to be a good year for toadstools and mushrooms, they are everywhere. Fungi are just amazingly fascinating and important organisms. Here are a few I have seen locally this year: seen on the edge of coniferous woodland, a cluster of stunning Fly agaric (Amanita muscaria) the iconic fairy toadstool with a white stalk and bright shiny red cap with white flecks - highly poisonous. The Beefsteak fungus (Fistulina hepatica) a bracket fungus which looks like a piece of raw meat and oozes a blood-like substance if cut, the one I saw looked like a massive gruesome tongue forcing its way out of an old Sweet Chestnut stump - edible but I think I'll give it a miss. A rather alarming bright yellow splodge of slime mould with white frothy edges, charmingly known as Dogs Vomit (Fulgio septica) - not necessarily poisonous, but really no one in their right mind is going to be licking that to see what it tastes like! Finally, my favourite find was the Earth Star fungus (Geastrum species) which I found in the woodland at Minsmere, they look disturbingly like alien creatures with a round body and legs, hiding sinisterly amongst the leaf litter, a miniature extra-terrestrial invasion of earth - apparently they're not poisonous but don't taste very nice, I think I'll stick to picking my mushrooms from a shelf in the supermarket. Please remember, if you are tempted to go foraging to find something for supper, that all fungi can be eaten, but some fungi can only be eaten once! If anyone would like to write a wildlife piece for the Swift please contact fristonvillage@gmail.com Briony Sones

Your Swift, Your news! Anyone can contribute to the Swift, please contact the Clerk with any articles you may have - local history, wildlife, archaeology, gardening, local events, places to visit – the choice is yours! Please keep them light, factually correct and village orientated. Space is limited but we do try to fit everything in.