



## FRISTON VILLAGE NEWSLETTER

### Task and Finish - East Suffolk District Council

On 27<sup>th</sup> September, the District Council accepted a Motion which stated that the Council recognises concern regarding the condition of some parts of East Suffolk. The District Council therefore resolved that steps should be taken to address the concerns which are being raised and that a 'Task and Finish' Group would be set up.

Therefore, we would be very grateful if you could please provide evidence, (photographic would be preferable) of any persistent and severe issues in your villages or surrounding areas.

<p>Please send examples in the following categories:  <i>Weeds and overgrowth</i>  <i>Fouling and droppings</i>  <i>Fly-tipping</i>  <i>Litter and overflowing waste</i>  <i>Dirt and disrepair</i></p>	<p>When providing photos, we would therefore be grateful if you could also provide the following information:  <i>Nature of issue/incident</i>  <i>Category</i>  <i>Location (road name and village/town)</i>  <i>Date of photo</i>  <i>Any other relevant supporting information</i></p>
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To help us make a difference, your evidence should really relate to persistent or severe issues and not necessarily isolated incidents. This will really help us to build a picture of issues and hotspots which will help us to consider specific solutions.

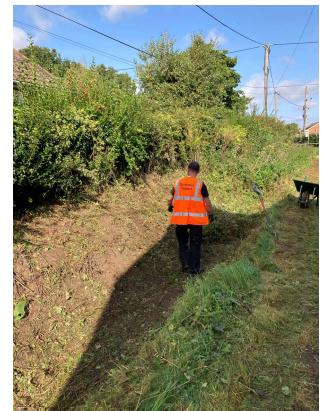
Send your evidence to:

Tom Daly [tom.daly@eastsuffolk.gov.uk](mailto:tom.daly@eastsuffolk.gov.uk), Katie Graham [katie.graham@eastsuffolk.gov.uk](mailto:katie.graham@eastsuffolk.gov.uk), Sarah Whitelock [sarah.whitelock@eastsuffolk.gov.uk](mailto:sarah.whitelock@eastsuffolk.gov.uk) East Suffolk Ward Councillors.

### Parish Council

The Community Payback team visited Friston in September and made a start on clearing out the ditch parallel to the Village Green. They will be returning every month until it is finished. The Council are working in conjunction with Suffolk County Council to tackle speeding through the village. Quotes are being obtained for more road markings and street furniture to draw motorists' attention to the 30mph limit.

The Parish Council welcomed two new Councillors - Carole Slack and Wendy Ireland. There are still two vacancies on the Parish Council. If you are interested, email or phone the Parish Clerk or speak to one of the Councillors. The next Parish Council meeting is on the 4<sup>th</sup> December at 7pm in the Village Hall.



### TLC - Thursday Ladies Club

We had a lovely October meeting with Teresa Seals, pastel artist revisiting us. She's such an interesting and engaging person to listen to and her artwork is incredible, do look her up.

November's meeting on 9<sup>th</sup> will be Friston's Seija Tattersall, speaking to us about Mindfulness techniques. We usually meet in Friston Village Hall on the second Thursday every month. In the new year, however, to prevent clashes with the Classics on the Green and the Friston Chequers pub quiz, we will be changing our meetings to every third Thursday in the month.

Dates for your diary

Thursday 9<sup>th</sup> November - Seija Tattersall - Mindfulness coach and Thursday 14<sup>th</sup> December - Karen Lear - florist.

Entry £3 including refreshments (£10 annual membership), Friston Village Hall 19:00-21:00 Any enquires to Wendy Ireland 07948150022

### Friston Recorder

The Friston W.I. met for 88 years in the village. The story of this group is being recorded following a tea party in the village hall in October, when memories and photographs were shared by former members. Do you have memories of the Friston W.I.? If so I would love to hear from you.

Elizabeth Ashton [fristonrecorder@gmail.com](mailto:fristonrecorder@gmail.com) 01728 688892

### Friston Allotment Association

With the first frosts it is time to lift & store cannas, dahlias & tender perennials in a frost free shed, or cover with a thick mulch to protect from frost. Over-wintered broad beans can be sown this month. To avoid damage from winter moth to fruit next year grease bands on tree trunks & stakes need to be renewed now. Place leaf nets over ponds to avoid excessive contamination from falling leaves. Collect up fallen leaves to make leaf mould for future use. Make sure that tree stakes are sound & tree ties are secure before winter gales. Check bonfires before lighting as hedgehogs may be using them for hibernation over winter.

### November Services at St. Mary's, Friston

Including for the first time in many years -

**Thursday, 2<sup>nd</sup> November** at 6pm a Service for All Souls Day led by our Elder, Marie Szpak. You together with your family and friends are invited to a warm contemplative service to remember those we love but see no more, saying a gentle prayer and lighting a candle. It really is a quite comforting service when shared with others. Everyone is most welcome.

**Sunday, 5<sup>th</sup> November** at 10am - Holy Communion, Common Worship led by Revd. Sarah du Boulay.

**Sunday, 12<sup>th</sup> November** at 10.50am Remembrance Day Service led by Revd. Nicky Winter.

Our community has always shown great support and respect for this occasion which includes the laying of the Parish Council wreath at the War Memorial in the churchyard. Collection towards the Royal British Legion.

**Sunday, 19<sup>th</sup> November at 10am** - Holy Communion, Book of Common Prayer led by Revd. Mary Brown.

**Sunday, 26<sup>th</sup> November at 10am** - Service of the Word led by Revd. Mary Brown.

Finally, a reminder -

**Sunday, 10<sup>th</sup> December** at 6pm our Village Carol Service followed by mulled wine and mince pies in the village hall. Alan Bullard is hoping that more of you will join the pop-up choir for this - we have persuaded Jim from the Old Chequers! There is no worry about reading music, just to join in.

Alan can be contacted, alanbullardmusic@gmail.com or 07748710593.

### Friston Wildlife Watch

My better half hasn't noticed yet (I think?) but I've allowed a self-seeded Hawthorn (*Crataegus monogyna*) to grow in a prime position in our garden ... I do understand this could be a big mistake on many levels ... But I do love Hawthorn, it is immensely hardy, attractive and a valuable resource for wildlife. Recently I had the pleasure of showing someone from the Suffolk Wildlife Trust around the churchyard to do a conservation survey. A gentle and quietly spoken lady, she moved gracefully around the churchyard drawn towards the tiniest hidden indicators of special grassland plants and wild flowers unseen by my uneducated eyes, I was entranced. However one point of special interest to her was the Hawthorn hedge along the south border of the churchyard; she was particularly excited by the size of the trunk which she said could indicate ancient hedgerow status. I believe that ancient hedgerows are those that existed before the Enclosure Acts passed between 1720 and 1840 and tend to support the greatest diversity of plants and animals. Unfortunately with agricultural intensification many of these lovely boundary hedgerows have been lost. Hawthorn is a familiar plant in our landscape with pretty sweet smelling white flowers in the Spring and deep rich red berries in the Autumn - I think the berries are particularly bountiful this year? It also has a lot of ancient mythology and folklore attached to it: Hawthorn is known as the fairy tree as fairies were believed to live below to protect it, Hawthorn flowers in a bride's hair apparently symbolise a union of love, a sprig in your hat band could prevent you from being struck by lightning and some say Christ's crown was actually made from Hawthorn. Please do take a look at our lovely ancient Hawthorn hedge in the churchyard - but be respectful and watch out for the fairies! *Briony Sones*

Friston Village Hall  
Ready to Hire for your next  
event!  
Please contact  
[fristonvillagehall@gmail.com](mailto:fristonvillagehall@gmail.com)  
or ring 01728 687914

**Pilates - Village Hall Wednesday 5pm - 6pm Suitable for beginners - [suzannekearny@me.com](mailto:suzannekearny@me.com) 07944991138**

*Anyone can contribute to the Swift, please contact the Clerk with any articles you may have, please keep them light, factually correct and village orientated. Space is limited but we do try to fit everything in. The next deadline for articles is Monday 20<sup>th</sup> November 2023.*

All information correct at time of publication. This newsletter is funded by FPC & donations from residents and lightly edited by the Parish Clerk. Thank you to all contributors and deliverers.

*Mrs. Philippa Welby [fristonclerk@gmail.com](mailto:fristonclerk@gmail.com) or phone 01502 478094.*