



The Swift



FRISTON VILLAGE NEWSLETTER

Parish Council

May 2023 sees the end of the Parish Council's four year term. If you are interested in becoming a Parish Councillor please contact the Parish Clerk or speak to one of the current Council. Friston is a community with assets to manage and will need support through the uncertainty of the proposed energy projects. Councillors bring different skills and come from many walks of life and everybody has the potential! They are the first layer of elected representation, closest to residents. Visit the Parish Council website for more information.

Village Hall - Easy Fundraising

Fund raising for the Village Hall has moved into the 21st century! We have signed up to www.easyfundraising.org.uk This organisation enables people to donate to good causes without lifting a finger and without costing them a penny! Every time you shop online you can raise money for the Village Hall. Simply register on their website, download the donation reminder to your laptop or PC and the app to your phone. It's as easy as that, then every time you shop on a partner site from Amazon to Zavvi donations will be generated. There are over 7000 brands registered waiting to give donations!

News from St Mary's Church

First, our rota of services for March all starting at 10am:

Sunday, 5th March, Holy Communion (Common Worship) led by Revd. Christine Brooks.

Sunday 12th March, Service of the Word led by our Elder, Marie Szpak.

Sunday, 19th March, Mothering Sunday, Holy Communion (Book of Common Prayer) led by Revd. Sarah du Boulay.

We are fortunate to have Andy Murray as our organist for all of the above services since we love to sing!

There is no service at Friston, Sunday 26th March but there are alternatives at Knodishall (9.30am), Aldeburgh (10.30am) and Aldringham (11.00am).

Lent Course 2023

Please sign up for the Lent Course being hosted at Friston Village Hall, every Wednesday at 2.30pm commencing Wednesday, 1st March. The book being read is written by Bishop Stephen Cottrell - 'Rich Inheritance - Jesus' Legacy of Love' (York Courses) - one of the best of the Church communicators.

Please give it a try - we have plenty of space in the hall and can offer tea and biscuits! Contact: Marie Szpak e-mail: marieszpak2051@gmail.com

Events for 2023

Our events are a key part of our engagement with you as well as being dependent on your support to maintain our fabric and churchyard and to make donations to local charities. These are events for 2023 as at the time of writing.

Saturday, 13th May, Friston Goes Green

This will be its third year and has proved very popular. Indeed, some of you have asked whether it might be extended to revive the Car Boot Sale - I think there are a number seeking to declutter! However, increasing the scale and nature of the event relies on extra manpower for parking and the ability to provide refreshments. Before making a decision, it would be helpful to have some feedback and what support might be available. Marie has been a driving force for Friston Goes Green and Simon is well acquainted with past boot sales!

Sunday, 18th June - Open Gardens

Thursday, 13th July - Classics (Cars and Bikes) on the Green - our two largest events attracting visitors from all over the area.

A great part of the success of our events is the provision of refreshments in the Village Hall, in preparation and serving and also the donations of cakes and buns from you. We are conscious of the 'grocery inflation' but we hope that you can still manage to bake for us - Friston is renowned for its catering!

Our Village Hall

We value the use of the Village Hall and are acutely aware of the pressures of maintaining it - like the Church and The Old Chequers - Use it or lose it!

As previously mentioned, our events attract visitors and supporters across the East Suffolk Coast and they become opportunities to show off the facilities available which may encourage more hirers. These are more grounds for your support.

Kingfisher Ensemble

We are delighted to advise that Beth Spendlove's group of musicians will once again play two concerts in the grounds of Friston Church on **Sunday afternoons, 13th and 27th August**. Bring your own chairs and a bottle of wine! simonive@aol.com

And we finish with a **'thank you' to Jigs**, the winning team in the Old Chequers January Quiz Night for donating their winnings to Friston Church - really appreciated!

Parish Magazine

For the first time in two years we have had to collect payment for the four parishes Parish Magazine (£4 for the year). Thank you to everyone who has paid. However, if we have missed you, or you no longer wish to receive a copy, please let me know. We will no longer receive spare copies but will be able to order for new subscribers. If you are a new subscriber you can receive the magazine for the remainder of the year for a one off pro rata payment.

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Allotment Association

With the soil warming up, new asparagus crowns can now be planted on ground where they have not been planted before. Tomato seed can be sown this month for planting later in a cold greenhouse. Large clumps of chives can now be divided as they start to grow. Dahlia tubers can be potted up & kept in a frame or greenhouse to get an early start to be planted out at the end of May. H.T. & floribunda roses can now be pruned & given a feed.

Thursday Ladies Club (TLC)

New members and returning members will always be welcome at our monthly social get togethers at Friston Village Hall on the second Thursday of the month, 7pm - 9pm. We have a regular programme of speakers and demonstrations. So far this year we have enjoyed watercolour painting and the traditional craft of hooking. We are now finalising a programme for the rest of the year. Included will be hearing about interesting collections, the work of local charities and businesses, and there will be more craftwork. The programme is being added to all the time and the Club will continue to support our village hall by hosting our meetings there.

Our next meeting is on Thursday, 9th March, £3 entry including refreshments. thursdayladiesclubtcl@gmail.com Wendy Ireland 07948 150022

Mobile Library - Friston

The dates for the mobile library for 2023 are 10 March, 5 May, 2 June, 30 June, 28 July, 25 August, 22 September, 20 October, 17 November, 15 December. **No service in April.** The van calls at the Jubilee Bus Shelter at 12.05pm and is there until 12.20pm. You can join online at www.suffolklibraries.co.uk or at the van itself.

Your Swift, Your news! Anyone can contribute to the Swift, please contact the Clerk with any articles you may have, please keep them light, factually correct and village orientated. Space is limited but we do try to fit everything in. **The next deadline for articles is Monday 27th March 2023.**

**Yoga, Music, Art,
Crafting, Lectures..
What would you like to
see your Village Hall
used for?
The Village Hall
Committee are
interested to hear any
ideas you have.
fristonclerk@gmail.com**

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