



The Swift



FRISTON VILLAGE NEWSLETTER

Parish Council

Cllr Michael Mahony was voted in as the Chair of the Parish Council at the May annual meeting. The Council thanked Mike Caplin in his absence for his leadership over the past years. Outgoing Cllrs were also thanked. The next meeting of the Parish Council will be the 31st July 7pm in the Village Hall. There are still vacancies on the Parish Council. If you are interested please contact the Clerk or one of the current Councillors. There is more information on our website. The Parish Council have recently paid for new defibrillator pads, these have to be replaced every few years as does the battery. This is located in the old phone box and is there for anyone to use in a cardiac arrest situation. Dial 999 and state where you are, the Ambulance Service will give you the passcode for the cabinet and talk you through using it.

The two broken benches on the Village Green have been removed and will be replaced by a recycled plastic one to match the 'talking bench'. This will be mostly funded out of a generous donation received. The old village sign will now find a home in within the churchyard at St Mary's. Several offers of a good home were received for but it was decided to let it reside somewhere residents could still see it.



Village Hall

The Village Hall Committee have discussed various events to showcase our hall's versatility and local producers. A Harvest Fair was discussed at which local producers could have a table for a small fee. It would be along the lines of a Farmer's Market. If anyone would be interested in taking this idea on for this Autumn, please contact the Clerk or one of the Committee.

The Village Hall is signed up to easy fundraising, we've already got 23 supporters and have raised £35. It's so easy to register and costs nothing. The Village Hall will get 100% of the money. Every time you shop online, you raise money. Go to easyfundraising.org.uk and search Friston Village Hall.

Open Gardens, Sunday 18th June

This year's success showed all the qualities of Friston at its best. The warmth of the welcome extended by the 'meet and greet' team on the village green was maintained all along the route - the decoration of the village hall and surrounds; the range and quality of the refreshments donated by residents and all managed by a superb team led by Linda and John Grover; the flower arrangements in the church; the wildflower meadow and the diversity of the gardens, all stunning after weeks of your hard work in inhospitable weather conditions. Thank you all so much for your contributions. It raised a record £2,019 - Phew!

Classics (Cars and Bikes) on the Green, Thursday, 13th July

So, we hope for a repeat success. We know it is a 'big ask', but we hope for your support and more for this hugely popular event which attracts enthusiasts and visitors from across Suffolk, Norfolk and Essex. We rely on donations and, as with Open Gardens, the refreshments in the village hall for our income to meet increasing expenses of the event and to help maintain our church and grounds. We shall be grateful for donations of cakes. We 'press gang' friends and family across the country, but we are still desperate for help with parking, collecting and in the village hall. Finally, please note that in our concern for safety, we are employing a traffic management company to put out cones and signs to prevent parking along the Saxmundham Road between Church Road and Chequers corner. We hope this does not cause residents too much inconvenience.

Contacts: simonive@aol.com; tonymorley2000@aol.com.

Friston Recorder

I am in the process of writing a record of events and happenings in Friston from 2000 to 2020. This record will be placed in the Suffolk Archive for future historians, as well as in a Friston Village Archive we hope to establish. If you would like to know more about this please contact me.

Elizabeth Ashton fristonrecorder@gmail.com 01728 688892

July Services at St Mary's, Friston Please welcome Revd Mary Brown!

Do come to our service on **Sunday, 2nd July at 10am** to greet a new resident to Friston. Revd Mary Brown will have been ordained the day before and we celebrate the occasion and welcome her as Assistant Curate to the Alde Sandlings Benefice and her new home here at The Rectory in Friston. And what is more, our service will be led by retired Bishop Sandy Millar. He has enjoyed a distinguished church vocation - one of the founders of the Alpha Course at Holy Trinity, Brompton; consecrated in Kampala as Assistant Bishop in the Church of Uganda and an Assistant Bishop of London. You can be assured of an absorbing sermon! To add to the occasion, Friston's own Alan Bullard is playing the organ. Other July services:

- Sunday, 9th July at 10am, Service of the Word led by Marie Szpak.
- Sunday, 16th July - No service at Friston.
- Sunday, 23rd July at 10am - Holy Communion, Common Worship led by Revd Nicky Winter.
- Sunday, 30th July - No service at Friston, but please join us at a service for all the Alde Sandlings benefice at Aldeburgh Parish Church at 11am. Note time and location.

Thursday Ladies Club (TLC)

TLC will meet on 6th July from 7pm-9pm in Friston Village Hall. In June we were delighted to welcome Suffolk Constabulary's Chief Constable Rachel Kearton who talked to us about her early career, her progression to the top job and what she hopes to achieve in Suffolk. Rachel was very engaging, she inspired confidence and we all felt Suffolk was in safe hands. In July, we will be joined by Geoffrey Barfoot from Clake and Simpson Auctioneers. Members and guests are invited to bring along a small item or two for Geoffrey to talk about and value. Come and join us, £3 entry including refreshments.

Email : thursdayladiesclubtcl@gmail.com Wendy Ireland : 07948 150022

Friston Allotment Association

Remove side-shoots on tomatoes regularly along with tying in, and a potash feed once a week. Keep picking courgettes to avoid them becoming marrows & to keep a regular supply of courgettes coming. Sow spring cabbages now for planting in the autumn to crop next year. Dead-head roses & annuals to extend their flowering season till the end of summer. Many houseplants benefit being put outdoors for a few weeks now as it can be too hot in a conservatory. Still keep watering newly planted trees & shrubs along with vegetables during dry spells.

Friston Wildlife Watch

One of the perks of writing Friston Wildlife Watch is that people stop and tell me their wildlife stories: recent sightings, exciting finds, curiosities and mysteries. A couple of weeks ago standing in a pretty Friston Garden, watching the sun go down, I had a lovely chat with a Friston gentleman friend about some wildlife he had seen recently, one particular sighting was of a Green Woodpecker which I think he saw in fields towards Knodishall. Before I moved to Friston I lived next to a park where I would see green woodpeckers everyday pecking in the grass, but I hadn't yet seen one in Friston so I was very interested. Green woodpeckers are the largest of our Woodpeckers, it is a striking bird with a dark green upper body and pale green underparts, a crimson red head and it has a long strong beak which it uses to eat ants and, well basically, more ants. Apparently its tongue is so long it has to coil behind its skull to fit into its head. It also has a very distinctive undulating flight pattern and a laughing call which is why it is often known as a yaffle, yaffingale or a laughing Betsy. Anyway a couple of days later as I was walking through the churchyard one swooped past me laughing - I wonder if it was the same one? *Briony Sones*

If your hedge forms the boundary of a public footpath or highway, please can you ensure it is kept cut back so as not to impede walkers and vehicles.
Wait for the birds to stop nesting first!



Your Swift, Your news! Anyone can contribute to the Swift, please contact the Clerk with any articles you may have, please keep them light, factually correct and village orientated. Space is limited but we do try to fit everything in. **The next deadline for articles is Monday 24th July 2023.**

All information correct at time of publication. This newsletter is funded by FPC & donations from residents and lightly edited by the Parish Clerk. Thank you to all contributors and deliverers. *Mrs. Phillippa Welby* fristonclerk@gmail.com or phone 01502 478094.