



The Swift

FRISTON VILLAGE NEWSLETTER.



Parish Council

The Annual Parish meeting was well attended and updates were given from SASES on the SPR situation, the Platinum Jubilee events and the new ladies group in the village. There will be a meeting report on the website. The Parish Council followed the meeting with their Annual meeting and Mike Caplin was voted in as Chair for another year with Sue Jackson as the Vice Chair. The next Parish Council meeting is on the 13th June.

Friston Goes Green

Well, yet again, we managed to choose the Saturday in May with the worst weather for our annual sale. Despite this we raised £850 for St Elizabeth's Hospice. My thanks go to all those who supported the event: the team of helpers who set up the tent, gazebo and tables, the people who generously donated plants, cakes, scones and jam and of course all who came along to 'buy' and stopped for a chat. It was lovely to meet some newer members of the village and I think all agreed that having the sale on the Village Green was a good idea. Maybe next year I will check the long term weather forecast before fixing the date in the calendar! *Marie Szpak*

Jubilee Celebrations Update

The 'Defiant Friston' Newsletter is being distributed with this edition of Swift. Many will already have received a copy by e-mail. Since it was produced, Beth Spendlove's Kingfisher Quartet has kindly decided to play a short programme of classical and light music at 8.30pm as a prelude to the main programme at 9pm leading up to the lighting of the Beacon. At the same time, Piper David Gillingwater, familiar to many of us as the piper who has played for us at Burns' Night will play an air on his way to Aldeburgh. We are indebted to Jim at The Old Chequers for his technical advice. And if it rains, it all transfers to the Church - not the actual lighting of the Beacon though! Finally, please do not forget the special service at Friston Church, Sunday 5th June. See below.

The Church of St Mary the Virgin, Friston - Services in June

Our most important service is on 5th June at 9.45am - a special celebratory service for the Queen's Platinum Jubilee and Pentecost. This will be led by Tim Haxell from Knodishall. He has been to Friston before and is a most engaging and popular leader of services. We are fortunate to have an organist, Andy Murray and hymns we all know and can sing. The path leading to the Church and inside will be specially decorated. All topped off with coffee and jammie dodgers after the service. Do please join us to make this a special and memorable occasion.

Other services in June:

Sunday 12th June at **9am**. Holy Communion, Common Worship led by Revd. Jo Mabey.

Sunday 26th June at **9am** Morning Prayer (Book of Common Prayer led by Revd Sheila Murray).

We await confirmation of the **Benefice Licensing Service on Thursday 30 June** for our new Priest-in-Charge, Revd Sarah du Boulay at Aldeburgh Parish Church, 7.30pm. Please make a note of the date to support and welcome her. *Simon Ive*

On this weekend of celebration and thanks for 70 glorious years of our reigning monarch Queen Elizabeth, here are some words taken from her Christmas Day speech in 2000 to inspire and encourage us all: "To many of us, our beliefs are of fundamental importance. For me the teachings of Christ and my own personal accountability before God provide a framework in which I try to lead my life. I, like so many of you, have drawn great comfort in difficult times from Christ's words and example." God bless her! *Emma Steadman*

Peter Berry Abseiling 25th June!

A busy month for Peter since he is managing the Lighting of the Beacon and then on 25th June he will be abseiling down the Orbital Tower in the Olympic Park at Stratford, London - but not on his penny farthing! So, this is a change of tack from his previous cycle fundraising and raises the bar. He will be accompanied by his friend, Sue Strachan, who you may remember from Channel 4's - 'The Restaurant That Makes Mistakes. As

you will know, Peter has been diagnosed with early-stage dementia and is a great ambassador and fund raiser for Alzheimer's Research UK. You can find out more and support through the link to his fund-raising page: <https://www.justgiving.com/fundraising/orbital-challenge-peter-berry>

Friston Ladies Group

Update from the meeting on Thursday 12th May.

There was a great turnout of 22 of ladies at the village hall. This was despite quite a few people letting me know they were interested but couldn't make the evening. I was thrilled to meet so many lovely villagers. I must admit, I wasn't prepared for that number, but very pleased. We voted about becoming a W.I. or just a ladies group. The vote was 2 for either group and 20 for a ladies group. A clear signal that we should begin as such and if there is any interest in a W.I. in the future, we can go from there. We need a name for our group, I like The Friston Foxes but am definitely open to other suggestions, maybe you can write them in the comments. The first official meeting will be on 9th June 2022 from 19:00 to 21:00. We would hope to hold further meetings on the second Thursday each month. The July meeting will however be on 7th July 2022 as the Classics on the Green is being held on 14th July. We will need a committee and so I would like volunteers for a chairperson, secretary, treasurer and assistant treasurer. If you would like to be a member of the committee please let me know via email, phone or messenger. I'm very much looking forward to our first official get together, I hope to see even more ladies there! woireland@icloud.com 07948150022 *Wendy Ireland*

Open Gardens, Sunday 19th June

Please support this by opening your garden and also by responding to Linda Grover's need for support in the Village Hall. The refreshments contribute hugely to the success of the event in engendering camaraderie as well as income. This is an important fundraiser for our Church. simonive@aol.com

Friston Allotment Association

We can now start lifting early potatoes. Main crop carrots can be sown from mid-June to avoid the first generation of carrot fly. With the risk of frost over, stone fruit such as plum, cherry & peach can be pruned safely as the chance of infection from silver leaf is past. Be ready to protect soft fruit from birds. After rain keep hoeing to control annual weeds. The old foliage of spring bulbs can now be cut back as it fades.

Friston Wildlife Watch

I was so excited in May to see a bird I had wanted to see since I was a child...a Puffin! Ok not in Friston admittedly, but a little further up the east coast near Flamborough, East Yorkshire. The cliffs there were alive with thousands of breeding seabirds: Gannets, Fulmars, Razorbills, Guillemots, Kittiwakes, Herring Gulls, Shags and of course the Puffins. All had travelled thousands of miles to find a mate and raise their young on the edge of the chalk cliffs above the swirling North Sea. A spectacle that hit all the senses a soaring, swooping, teetering, cacophony of extraordinary birds, I thoroughly recommend a visit. Closer to home at

Minsmere I have recently heard (but not seen) a Cuckoo, Nightingales and Bittern and seen (but not heard) the Marsh Harriers and a Hobby.

Back in Friston, having spoken to many residents, it seems we are still very much a village blessed with a healthy hedgehog community, so remember to leave some wild areas and spaces in fences, don't use slug pellets and be careful where you put your strimmer! Enjoy the bounties of Spring everyone.
Briory Sones

Your Swift, Your news! Anyone can contribute to the *Swift*, please contact the Clerk with any articles you may have, please keep them light, factually correct and village orientated. Space is limited but we do try to fit everything in. **The next deadline for articles is Monday 20th June 2022**



Tea on the Green fit for a Queen!
From 4pm Thursday 2nd June
Beacon lighting at 9.45pm
Fancy hat competition with prizes!
Wear red, white & blue
Bring your own picnic, chairs, tables & gazebos
No BBQs or fire pits
Collection in aid of Church funds
Dominic 07570670360 Wendy 07948150022

All information correct at time of publication. This newsletter is funded by Friston residents and lightly edited by the Parish Clerk. Thank you to all contributors and deliverers.

Mrs. Phillippa Welby fristonclerk@gmail.com or phone 01502 478094.